



DR. ALEXANDER ASLANI
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The latest trend in European aesthetic surgery is body contouring and buttock reshaping. The face of plastic surgery has changed quickly and evolved with an impressive speed over the last few decades. With the evolution of new techniques, and a better understanding of the possible impact they have on patients' aesthetics, plastic surgeons nowadays have a whole new world of possibilities. One of the most impressive developments within the last decade has been the development of the new techniques of body reshaping, which involves volume shifts by fat grafting. This procedure, known colloquially as the 'Brazilian butt lift' has made a remarkable career in the United States in the last 10 years.

Dr. Alexander Aslani, head of the Plastic Surgery department in both Hospital Quiron Marbella and Hospital Quiron Malaga, and director of Cirumed Clinic in Marbella has been one of the pioneers of this surgery in Europe. "I think we will see a very similar development in the market as compared to the US in the next few years in Europe" says Dr. Aslani. His team has developed extensive expertise in this kind of surgery over the last years, leading the way in their field.

The team at Medical LiveWire was impressed by Dr. Aslani's revolutionary work in breast and buttock augmentation. His surgery's specialty, the BodyJet Water Jetstream, was particularly admired by the team; the way fat in these problem areas is gently 'washed' out without

damaging the fat cells results in the fat transfer being more effective in augmentation. This technique is favoured by Dr. Aslani, who has extensive experience in this field, having used it in hundreds of procedures and receiving good results and positive feedback. The way Dr. Aslani then follows the BodyJet Water Jetstream procedure with Body Tite liposculpture, which tightens loose skin in the area and gives his patients the 'Brazilian Butt' they have been craving. Dr. Aslani's procedure distinguishes him from other plastic surgeons, as it is safer and more efficient than many others on offer on this increasingly popular market.

Dr. Aslani is currently invited to congresses and conferences worldwide and is asked to show demonstrations of his techniques. At present, his clinic is seeing large numbers of patients travelling to Marbella to have this kind of surgery. His patients appreciate having their treatment in a fully functional hospital department in plastic surgery, with surgeons offered high levels of expertise and experience in a whole range of plastic surgeries also offer complex reconstructive surgeries. The background of this enables patients to enjoy the achievable changes with peace of mind regarding patient security.



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Prof. Dr. Alexander Gardetto is a medical specialist in Plastic, Aesthetic and Reconstructive Surgery and Hand Surgery, and is the head of these departments, as well Director, of the Brixsana Private Clinic in Bressanone, Italy.

He has been a pioneer in Reconstructive Surgery for a number of years, and his wealth of experiences directly benefit the patients he works with.

Whilst Prof. Dr. Gardetto knows that a person's beauty comes from inside, he understands that an aesthetically pleasing external appearance is valued by society. Every person has their own idea of what they want their ideal body to be, but sometimes a healthy diet and exercise are not always enough for someone to achieve this dream. This is where the Brixsana Private Clinic can provide a little cosmetic help to give people more confidence in themselves by giving them the look they do so desire.

The clinic aims to enhance their patient's natural beauty, and make the procedure look as natural as possible. With this philosophy in mind, Prof. Dr. Gardetto offers the whole spectrum of aesthetic and reconstructive surgery for the whole body (face lift, breast augmentation, breast reduction, mastopexy, liposuction, lipo-filling amongst others).

In addition to these procedures, he offers the treatment and prevention of skin folds with Botox, Hyaluronic Acid and Laser therapy. Through his specialisation in hand surgery, Prof. Gardetto is a competent figure to provide serious treatments in this area. He places emphasis upon individual care and discretion in dealing with his patients.

The Brixsana Private Clinic is equipped with cutting-edge technology and guarantees the highest medical quality with the most modern investigation methods. The team is well organised, keeping waiting periods low.

The team at Medical LiveWire were impressed with Prof. Dr. Alexander Gardetto's highly advanced surgical skills which have set him apart as a leading pioneer in his field. With many years of experience as head of the Health Authority in South Tyrol behind him, Prof. Dr. Gardetto can offer his treatments in a targeted and structured way. His commitment to aesthetic surgery has also seen him author a number of academic publications on surgery and anatomy. Combining the advantages of a medical clinic with those of an aesthetic surgery, Medical LiveWire appreciated how many experts and specialists of multiple disciplines work together at Brixsana Private Clinic to provide both effective results and a comfortable environment for the patient.