

## BEST INJURY THERAPY CENTRE

## Pain Solutions Lymm

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Pain Solutions Lymm are a Warrington-based treatment centre offering the North West a unique range of comprehensive treatments and services for medicinal and remedial purposes to patients suffering chronic pain. Whether this is a sports injury or a more prolonged issue, the company can offer a range of treatments to assist their patients in relieving pain and living comfortably. Though the company's chief service is deep tissue massage, they also offer cryotherapy (treatments conducted in low temperatures) alongside a wide range of complementary, holistic, alternative and sports therapies to ensure that their customers receive the best and most relevant treatment to them.

While the company offer leisure and remedial treatments alike – each promoting health, happiness and relaxation – it is the latter which shows their exceptional commitment to the customer. Carefully gauging the needs of the customer (as well as their own personal preferences), Pain Solutions are able to offer a treatment which can serve both as excellent relief from any aches or stresses, but also promote improved tissue quality and function, targeting scar tissue and trigger points to help prevent future injuries or aches.

The key to providing beneficial treatments is communication between patient and practitioner and deep tissue massage is no exception; by clearly communicating with the guest Pain Solutions are able to identify any problematic points of stress or injury and treat them carefully without inflicting unnecessary discomfort. The company serve a wide geographical network of customers, attracting frequent visits from guests as far afield as Merseyside, Cheshire or Greater Manchester.

Practicing cutting-edge treatments, the company offer solutions for a range of ailments but particularly specialise in treating sports injuries. You don't have to be a seasoned track and field champion to know that sports injuries can often be catastrophic on the body, affecting not just the ability to properly train (or participate), but also affect quality of life. In this, the Medical LiveWire judging panel found Pain Solutions' treatments to be exceptional – not just alleviating pain but promoting better tissue health and improved cardiovascular activity to help prevent further injury and stimulate healing. This ensures that you'll enjoy the same world-class innovative facilities and services whether you are a professional athlete or an entrepreneur with a weekend hobby, assuring a better quality of life and comfort for all.



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