



should be performed by an MD or a licensed aesthetician under physician supervision.

“It is dangerous to advertise dramatic facial surgery results with the promise of little-to-no downtime,” adds Dr. Amy Alderman, board certified plastic surgeon at the Swan Center. “The Swan Center only uses techniques that have been proven to safely lift and tighten the face.”

The Lifestyle Lift’s quick approach to lifting the face in just one direction often created undesirable results that did not fit the patient’s anatomy or individual needs. The Swan Center’s plastic surgeons emphasise that the face is a complex part of the body that cannot simply be pulled in one direction. Properly trained plastic

surgeons adjust each facelift to the individual patient’s facial structure, remove only the necessary tissues, and restore volume through careful repositioning and recontouring of the facial areas.

About the Swan Center for Plastic Surgery: *The Swan Center for Plastic Surgery in Atlanta is a practice of board certified plastic surgeons that specialise in cosmetic surgery procedures. The group’s commitment to patients and quality of results have made it one of the busiest plastic surgery practices in the Southeast, located at 4165 Old Milton Parkway, Suite 200, Alpharetta, GA, 30005. Learn more at www.swancenteratlanta.com or read the [Swan Center’s reviews](#).*

